LITTLE LEAGUE BASEBALL
2011 Equipment Guidelines

Before purchasing equipment for your son or daughter to use in playing Little League Baseball, please review the following guidelines taken from the rule cited in the Little League rulebook.

Bats *(Rule 1.10)*

Little League (Majors and below) – The bat shall not be more than 33" in length nor more than 2-1/4" in diameter. All non-wood bats shall be printed with a BPF (bat performance factor) of 1.15 or less. **Composite bats are prohibited** unless there is a waiver.

Juniors – The bat shall not be more than 34" in length nor more than 2-5/8" in diameter. **Composite bats are prohibited** unless there is a waiver or they meet BESR AND Accelerated Break In (ABI).

Senior/Big League – The bat shall not be more that 36" in length nor more than 2-5/8" in diameter. It shall not weigh numerically more than three ounces less than the length of the bat (e.g., a 33" bat cannot weigh less than 30 oz.). **Composite bats are prohibited** unless there is a waiver or they meet BESR AND Accelerated Break In (ABI). All non-wood bats must be labeled and meet BESR standards.

Glove or Mitt
(Rule 1.13, 1.14, and 1.15)

The first baseman and every fielder other than the catcher must wear a glove or mitt of any weight and not more than 14" long from top to bottom, not more the 8" wide across the palm, and webbing not more than 5-3/4" wide at the top.

The pitcher's glove shall be of one solid color other than white or gray, or if multi-colored, white and light gray shall not be included in the colors. No pitcher shall wear sweat bands on their wrist or arm.

Helmets *(Rule 1.16)*

All helmets must bear the NOCSAE stamp. Helmets may not be re-painted and may not contain tape, re-applied decals, or decals by anyone other than the manufacturer. Label your child's helmet by using a Sharpie type pen and writing on the foam inside as writing on the helmet surface may disqualify the helmet from play.

Catcher's Equipment
(Rule 1.12 and 1.17)

The catcher must wear a catcher's mitt. Male catchers must wear a cup and a long model chest protector. Female catchers must wear a long or short model chest protector. Junior/Senior/Big League catchers can wear either a long or short model chest protector. All catchers must wear: a chest protector with a neck collar, throat guard, shin guards, and a catcher's helmet with mask. The catcher's helmet must bear the NOCSAE stamp (skull caps are not permitted). All catchers must wear a "dangling" type throat guard during infield/outfield practice, pitcher warm-ups, and games. Dangling means the throat guard will still hang down and protect the neck area when the catcher is looking straight up.

Miscellaneous *(Rule 1.11)*

Shoes with molded cleats are permitted at all levels. Junior/Senior/Big Leagues may wear metal cleats.

Players must not wear watches, bracelets, rings, pins, and jewelry (metallic or non-metallic). Jewelry that alerts medical personnel to a specific condition is permitted.